

Physical Education

Exam Board: AQA

Specification: A Level: 7582

Entry Criteria: Grade 6 – GCSE PE and actively engaged in sporting performance, officiating or coaching. In addition, a Grade 5 in Biology or Combined Science. All students must also achieve a minimum of a GCSE Grade 5 in English Language or English Literature.

What will I study:

Building on prior learning during GCSE PE, students enhance their knowledge and increase their understanding of the factors that affect performance and participation in physical activities.

A Level Units

Paper 1: Factors affecting participation in physical activity and sport

Assessed: Applied anatomy and physiology, skill acquisition, sport and society

Paper 2: Factors affecting optimal performance in physical activity and sport

Assessed: Exercise physiology and biomechanics, sport psychology, sports and society and technology in sport

Practical: Assessed as a performer/coach in full sided version of one activity

Final Qualification: A Level

Progression Pathways:

As a Science-based course, PE forms the foundation for many medical fields and the study of Sports Sciences at University. Career pathways include Trainer, Coach, Teacher, Sports Doctor, Team Manager, Physiotherapist and Journalist.

Course Leader: Miss Taylor

Specification Link:

<http://www.aqa.org.uk/subjects/physical-education/as-and-a-level/physical-education-7582>